COLGATE RAIDERS VOLLEYBALL

Elite Overnight Camp
July 15-17, 2005

High Performance Day Camp
August 15-17, 2005
2005 COLGATE VOLLEYBALL CAMPS

ELITE CAMP

Girls Entering Grades 7 to 12 for Fall 2005
OVERNIGHT CAMP

This full-day comprehensive volleyball camp is designed to prepare the serious athlete for high quality high school varsity performance, as well as preparation for collegiate play. This advanced camp will offer detailed instruction in all volleyball skills and team systems—team training, specialized sessions and game play.

OPTIONS:
* Overnight: Includes room in a supervised Colgate dorm, three meals/day, 19+ hours of volleyball instruction, recreational activities and a camp T-shirt.
* Commuter: Includes two meals/day (excludes breakfast), 19+ hours of volleyball instruction, recreational activities and a camp T-shirt.

DATES: July 15-17, 2005
COST: * Overnight $300.00 per camper
     * Commuter $250.00 per camper

OVERNIGHT CHECK IN: July 14th 5-8 PM
COMMUTER CHECK IN: July 15th 8:30 AM
Reid Athletic Center
CAMP BEGINS: 9:00 AM July 15
CAMP ENDS: 12:00 PM July 17

HIGH PERFORMANCE DAY CAMP

Girls Entering Grades 7 to 12 for Fall 2005
OVERNIGHT is NOT available.

Want to get a jump start on your upcoming season?! This full-day comprehensive volleyball camp offers detailed instruction in all volleyball skills and team systems—team training, specialized sessions and game play. Includes lunch every day, 16+ hours of volleyball instruction, recreational activities and a camp T-shirt.

DATE: August 15-17, 2005
COST: $225.00
CHECK IN: 8:30 AM Registration
9:00 AM Start
Reid Athletic Center
CAMP ENDS: 4:00 PM August 17

COLGATE VOLLEYBALL 2005 Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Match</th>
<th>Location</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Fri– Sat</td>
<td>Sept 2-3</td>
<td>Canisius Tournament</td>
<td>TBA</td>
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<tr>
<td>Wed</td>
<td>Sept 7</td>
<td>Siena College</td>
<td>7 PM</td>
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<tr>
<td>Fri – Sat</td>
<td>Sept 9-10</td>
<td>COLGATE INVITATIONAL</td>
<td>TBA</td>
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<tr>
<td>Tues</td>
<td>Sept 13</td>
<td>Binghamton</td>
<td>7 PM</td>
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<tr>
<td>Fri – Sat</td>
<td>Sept 16-17</td>
<td>Cornell Tournament</td>
<td>TBA</td>
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<tr>
<td>Tues</td>
<td>Sept 20</td>
<td>SYRACUSE</td>
<td>7 PM</td>
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<tr>
<td>Fri</td>
<td>Sept 23</td>
<td>Navy*</td>
<td>7 PM</td>
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<tr>
<td>Sat</td>
<td>Sept 24</td>
<td>American*</td>
<td>2 PM</td>
</tr>
<tr>
<td>Fri</td>
<td>Sept 30</td>
<td>HOLY CROSS*</td>
<td>7 PM</td>
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<tr>
<td>Sat</td>
<td>Oct 1</td>
<td>ARMY*</td>
<td>7 PM</td>
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<tr>
<td>Fri</td>
<td>Oct 7</td>
<td>LEHIGH*</td>
<td>7 PM</td>
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<tr>
<td>Sat</td>
<td>Oct 8</td>
<td>LAFAYETTE*</td>
<td>4 PM</td>
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<tr>
<td>Sat</td>
<td>Oct 15</td>
<td>Bucknell*</td>
<td>6 PM</td>
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<tr>
<td>Fri</td>
<td>Oct 21</td>
<td>AMERICAN*</td>
<td>7 PM</td>
</tr>
<tr>
<td>Sat</td>
<td>Oct 22</td>
<td>NAVY*</td>
<td>7 PM</td>
</tr>
<tr>
<td>Fri</td>
<td>Oct 28</td>
<td>Army*</td>
<td>7 PM</td>
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<tr>
<td>Sat</td>
<td>Oct 29</td>
<td>Holy Cross*</td>
<td>4 PM</td>
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<tr>
<td>Fri</td>
<td>Nov 4</td>
<td>Lafayette*</td>
<td>7 PM</td>
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<tr>
<td>Sat</td>
<td>Nov 5</td>
<td>Lehigh*</td>
<td>4 PM</td>
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<tr>
<td>Sat</td>
<td>Nov 12</td>
<td>BUCKNELL*</td>
<td>6 PM</td>
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<tr>
<td>Fri – Sun</td>
<td>Nov 19-21</td>
<td>Patriot League Championships</td>
<td>TBA</td>
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BOLD indicates home contests
* Patriot League Contests

COACHING STAFF

Jenna Panatier
Camp Director
Colgate University Head Coach
A graduate of St. John’s University and member of the Big East Volleyball program there, Panatier established herself in the program’s record books. In 1998 she was one of the youngest coaches ever to be hired as a head coach at Occidental College in Los Angeles, California, where she turned around a 2-20 season to 16-9 in only three years. Panatier has successfully trained young athletes who received athletic scholarships to play at such schools as UCLA, USC and the University of Hawaii. Now at Colgate, Panatier has brought her fast paced style of volleyball to Central New York. The Raiders have done great things under her tutelage, and her 2004 Libero won the Patriot Defensive Player of the year.

...as well as other great coaches and past and present Colgate University team members.

ITEMS TO BRING

- Water bottle
- T-shirts (at least 9 for Elite Camp), shorts and socks
- 2 Long sleeve shirts for defense
- Knee Pads
- Volleyball or indoor court shoes
- Linens, pillow, toiletries, towel, and other essentials for residential campers
- Swim suit/towel

TRANSPORTATION

There is a $20 round trip charge for this service. Pick-ups can be accommodated from the Syracuse Airport and the Utica Train/Bus Station ONLY. Arrangements must be made 2 weeks in advance.

QUESTIONS

For questions about Colgate University Volleyball Camps, please contact the Colgate Volleyball office at (315) 228-7969 or jpanatier@mail.colgate.edu
COLGATE VOLLEYBALL CAMP

MEDICAL FORM

Name of Camper: ____________________________
Primary Phone: ____________________________
Emergency Phone: __________________________
Medical Insurance Company: __________________________
Policy Number: __________________________

Name of Camper: ____________________________________
Primary Phone:  _____________________________________
Emergency Phone: __________________________________
Medical Insurance Company: _________________________
Policy Number: ____________________________________

Answer each below—Circle Y for “yes” and N for “no”

Y / N Have you ever experienced an epileptic seizure or been informed that you might have epilepsy?
Y / N Have you ever been treated for diabetes?
Y / N Have you ever been told you have a heart murmur?
Y / N Have you been “knocked out” or experienced a concussion in the past 3 years? Give dates:
Y / N Do you wear contact lenses? If yes, do you wear them during athletic participation? Y / N
Y / N Have you had a fracture during the past 2 years? Indicate area and dates:
Y / N Have you experienced a severe sprain, dislocation or other orthopedic problem? Indicate area, problem and dates:
Y / N Have you had any surgery during the past year? Indicate area and dates:
Y / N Have you ever been advised by a medical doctor not to participate in sports? Why:
Y / N Are you currently on any medications? Please list:
Y / N Do you have any allergies? List:
Y / N Are you allergic to any medication? Please list:
Y / N Do you experience any problems with menstruation? Please indicate:
Y / N Have you had a tetanus shot? When:

I, ____________________________________________, (parent/guardian) of ____________________________, (address) City of ____________________, County of ____________________, State of ____________ have legal custody of ____________________, a minor, age ________ years, born ______/____/______, who resides with me at the above address set forth above. I authorize Jenna Panatier, as administrator of the Colgate Volleyball Camp, to any x-ray examination, anesthetic, medical or surgical diagnosis or treatment, and hospital care necessitated by injury or illness incurred while the above name child is attending the Colgate volleyball camps. Such treatment is to be rendered to the minor under general or special supervision and on the advice of a physician or surgeon licensed to practice in the State of New York. I also certify that ________________________ is in good health and able to take part in the 2005 Colgate Volleyball Camps.

_______________________________________________  ____/____/______
Signature of Parent or Guardian DATE

COLGATE VOLLEYBALL CAMP

REGISTRATION FORM

Name
Age: _____ Grade for Fall 2005: ______  Height: ________
Parents/Guardian: ___________________________________
Address: ___________________________________________
City, State, Zip: _______________________________________
H Phone:  _____________________ W: __________________
Email: _____________________________________________

Full Name of School you are attending Fall of 2005:
_____________________________________________________

POSITION (check one)
□ S  □ OH  □ MB  □ DS  □ Libero

T-SHIRT SIZE (check one)
□ SM  □ MED 8-10  □ LG 10-12  □ XL 12-14

CAMP OPTIONS (check appropriate box)

ELITE OVERNIGHT CAMP (deposit: $100)
    July 15-17, 2005
    Residential @ $300.00 per camper
    Check in is on July 14th for Residential
    Commuter @ $250.00 per camper

HIGH PERFORMANCE DAY CAMP (deposit: $100)
    $225.00 August 15-17, 2005

Please complete BOTH sides of this form and mail with your check to:
Jenna Panatier
Colgate University Volleyball Camp
13 Oak Drive
Hamilton, NY 13346

Make checks payable to:
Colgate University Volleyball

DISCOUNTS

You may qualify for a maximum of ONE of the following:

• Faculty/Staff: A discount of $25 applies to the child of any Colgate faculty or staff member.

• Early Bird Special: A discount of $10 will apply to registrations postmarked MAY 15 or before.

• Team Special: Teams bringing six (6) or more campers will receive a discount of $15 per camper (forms must be sent together).

DEPOSIT/PAYMENT

DUE: July 1, 2005

Include the required non-refundable deposit, or full camp tuition to guarantee your enrollment in camp. Please make sure the entire form is filled out in full (leaving no space blank). Send your check (with campers name written on it) and registration form to:

Jenna Panatier
Colgate University Volleyball Camp
13 Oak Drive
Hamilton, NY 13346

Make checks payable to:
Colgate University Volleyball

REFUNDS:

Refunds minus the non-refundable deposit will be made if cancellation is received in the Colgate Volleyball Office by 5:00 PM 30 days prior to the start of camp. After that date and time, no refunds will be made.

http://athletics.colgate.edu/volleyball